

PWS Slalom Training Schedule - March

Updated: 12/03/2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4	5	6	7	8	9	10
7:00 - 8:00 Open 8:00 - 9:00 Open 11:45 - 12:45 Open	6:45 - 7:45 Open 7:45 - 9:15 NCE 9:15 - 10:15 Open 11:45 - 12:45 Open	6:45 - 7:45 NCE/dev 7:45 - 8:45 Open 8:45 - 9:45 Open 11:45 - 12:45 Open	7:00 - 8:00 Open 8:00 - 9:00 NCE 9:00 - 10:00 Open 11:45 - 12:45 Open	8:00 - 9:00 Open 11:45 - 12:45 Open	7:00 - 8:00 Open 8:00 - 9:00 Open 9:00 - 10:30 NCE 15:45 - 16:45 Open	8:30 - 9:30 Open 9:30 - 10:30 NCE/dev 15:45 - 16:45 Open
11	12	13	14	15	16	17
8:30 - 9:30 Open 9:30 - 11:45 Rescue 11:45 - 12:45 Res/Open	6:45 - 7:45 Open 7:45 - 9:15 NCE 11:45 - 12:45 Open	6:45 - 7:45 NCE/dev 7:45 - 8:45 Open 11:45 - 12:45 Open	8:00 - 9:00 NCE 9:00 - 10:00 Open	7:30 - 8:30 Open 8:30 - 9:30 NCE	8:00 - 9:00 Open 9:00 - 10:30 NCE	9:30 - 10:30 NCE/dev
18	19	20	21	22	23	24
	8:00 - 9:30 NCE	7:00 - 8:00 NCE/dev	8:30 - 9:30 NCE		9:00 - 10:30 NCE	9:30 - 10:30 NCE/dev
25	26	27	28	29	30	31-Mar
	8:00 - 9:30 NCE	7:00 - 8:00 NCE/dev	8:00 - 9:00 NCE		7:30 - 9:00 NCE	9:30 - 10:30 NCE/dev

*Subject to rafting/rescue

Res/Open session = slalom session shared with swiftwater rescue training \$22.00 per person

*SESSIONS ARE SUBJECT TO DEMAND AND CHANGE